


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1325 Las Villas Way Escondido, CA 92026 (760) 741-1047	Location Keys Generations Bistro GB Generations Dining Room GDR Generations Music Room GMR	New Year's Day 1 9:30 ♡ Chair Exercise 10:00 ♡ Snacks & Hydration 10:30 🚩 Candy Bingo w/ Richard [GDR] 11:30 🍀 Reminiscing [GMR] 2:00 ☆ Arts & Crafts [GDR] 3:00 🚩 White Board Games [GDR] 3:30 🚩 Trivia Fun [GMR] 6:00 ☆ Relaxing Music [GB]	2 9:30 ♡ Chair Exercise 10:00 ☆ Art for All Ages w/ Lindsay 10:30 ♡ Snacks & Hydration 2:00 ♡ Chair Chi w/ Patrick 2:30 ♡ Afternoon Snack Time [GMR] 3:00 📷 Scenic Drive w/ Trixie 4:30 ☆ Sing-Along [GDR] 5:30 ☆ Puzzles & Tunes [GB]	3 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GDR] 10:00 ♡ Snacks & Hydration [GDR] 10:30 📷 Painting w/ Alyssa [GDR] 1:30 ☆ Make your own Sundae [GDR] 2:30 🚩 January Trivia [GDR] 3:30 ☆ America Sings [GDR] 6:00 📺 Friday Night Movie [GDR]	4 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GMR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Expressive Design [GDR] 1:30 📺 Movie Matinee [GDR] 3:00 ☆ Pretty Nails [GB] 5:30 ☆ Therapeutic Coloring [GMR]	
5 9:30 🚩 Bible Trivia [GMR] 10:00 ☆ Life Christian Church Services [GMR] 10:30 🍀 Snacks & Chat Social [GMR] 11:00 ☆ Gospel Music; Hymn Sing [GDR] 2:00 ♡ Chair Exercise [GDR] 2:30 🍀 Snacks & Chat Social [GDR] 3:00 🚩 Horseshoes [GDR] 3:30 🚩 Daily Chronicles [GDR]	The Epiphany 6 9:00 ♡ Minding Motion w/ Todd [GDR] 9:30 🍀 Word Ball [GDR] 10:00 🍀 Snacks & Hydration [GDR] 10:30 ♡ Parachute Ball [GDR] 11:00 🚩 More Clue Trivia [GDR] 2:00 🍀 Snacks & Chat Social [GDR] 2:30 🚩 Bean Bag Toss [GDR] 3:30 🚩 Puzzles & Tunes [GMR]	7 9:30 ♡ Morning Stretch [GMR] 10:00 ♡ Balloon Volleyball [GDR] 10:30 ☆ Catholic Communion w/ Mary [GMR] 11:00 📺 Meet the Chef! [GDR] 2:30 🍀 Birthday Social w/ Phil Gates [GB] 3:30 ☆ Pretty Nails [GB] 4:30 🚩 Brainteasers [GDR]	8 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise 10:00 ♡ Morning Snack [GDR] 10:30 🚩 Candy Bingo w/ Richard [GDR] 11:30 🍀 Reminiscing [GMR] 2:00 ☆ Arts & Crafts [GDR] 3:30 📷 FARMER BOYS OUTING 3:30 🚩 Trivia Fun [GMR] 6:00 ☆ Relaxing Music [GB]	9 9:30 ♡ Chair Exercise 10:00 ☆ Glee Club w/ Celia & Charlie [GMR] 10:00 ♡ Snacks & Hydration 2:00 ♡ Chair Chi w/ Patrick 2:30 ♡ Afternoon Snack Time [GMR] 3:00 📷 Scenic Drive w/ Trixie 4:30 ☆ Sing-Along [GDR] 5:30 ☆ Puzzles & Tunes [GB]	10 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GDR] 10:00 ♡ Snacks & Hydration [GDR] 10:30 📷 Painting w/ Alyssa [GDR] 1:30 ☆ Make & Bake Cookies [GDR] 2:30 ☆ 50's Fun Sing-Along [GDR] 2:30 🚩 January Trivia [GDR] 6:00 📺 Friday Night Movie [GDR]	11 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GMR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Expressive Design [GDR] 1:30 🍀 Ice Cream Social [GB] 1:30 📺 Movie Matinee [GDR] 3:00 ☆ Hand Massages [GB] 5:30 ☆ Therapeutic Coloring [GMR]
12 9:30 🚩 Bible Trivia [GMR] 10:00 ☆ Life Christian Church Services [GMR] 10:30 🍀 Snacks & Chat Social [GMR] 11:00 ☆ Gospel Music; Hymn Sing [GDR] 2:00 ♡ Chair Exercise [GDR] 2:30 🍀 Snacks & Chat Social [GDR] 3:30 🚩 Daily Chronicles [GDR]	13 9:30 ♡ Chair Exercise [GDR] 9:30 🍀 Word Ball [GDR] 10:00 🍀 Snacks & Hydration [GDR] 10:30 ♡ Parachute Ball [GDR] 11:00 🚩 More Clue Trivia [GDR] 2:00 🍀 Snacks & Chat Social [GDR] 2:30 🚩 Bean Bag Toss [GDR] 3:30 🚩 Puzzles & Tunes [GMR]	14 9:30 ♡ Morning Stretch [GMR] 10:00 🚩 Brainteasers [GDR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Catholic Communion w/ Mary [GMR] 11:00 ♡ Balloon Volleyball [GDR] 2:30 🍀 Happy Hour w/ Dewey [GB] 3:30 ☆ Pretty Nails [GB]	15 9:30 ♡ Chair Exercise 10:00 ♡ Morning Snack [GDR] 10:15 📺 Helen Woodward Pet Therapy [GMR] 10:30 🚩 Candy Bingo w/ Richard [GDR] 11:30 🍀 Reminiscing [GMR] 2:00 ☆ Arts & Crafts [GDR] 3:00 🚩 White Board Games [GDR] 3:30 🚩 Trivia Fun [GMR] 6:00 ☆ Relaxing Music [GB]	16 9:30 ♡ Chair Exercise 10:00 ♡ Snacks & Hydration 10:30 📷 Horseshoe Game [GDR] 2:00 ♡ Chair Chi w/ Patrick 2:30 ♡ Afternoon Snack Time [GMR] 3:00 📷 Scenic Drive w/ Trixie 4:30 ☆ Sing-Along [GDR] 5:30 ☆ Puzzles & Tunes [GB]	17 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GDR] 10:00 ♡ Snacks & Hydration [GDR] 10:30 📷 Painting w/ Alyssa [GDR] 1:30 ☆ Make your own Hot Chocolate [GDR] 2:30 🚩 January Trivia [GDR] 3:30 ☆ Movie Magic Sing-Along [GDR] 6:00 📺 Friday Night Movie [GDR]	18 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GMR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Expressive Design [GDR] 1:30 🍀 Ice Cream Social [GB] 1:30 📺 Movie Matinee [GDR] 3:00 ☆ Spa Day [GB] 5:30 ☆ Therapeutic Coloring [GMR]
19 9:30 🚩 Bible Trivia [GMR] 10:00 ☆ Life Christian Church Services [GMR] 10:30 🍀 Snacks & Chat Social [GMR] 11:00 ☆ Gospel Music; Hymn Sing [GDR] 2:00 ♡ Chair Exercise [GDR] 2:30 🍀 Snacks & Chat Social [GDR] 3:30 🚩 Daily Chronicles [GDR]	Martin Luther King, Jr. Day 20 9:00 ♡ Minding Motion w/ Todd [GDR] 9:30 🍀 Word Ball [GDR] 10:00 🍀 Snacks & Hydration [GDR] 10:30 ♡ Parachute Ball [GDR] 11:00 🚩 More Clue Trivia [GDR] 2:00 🍀 Snacks & Chat Social [GDR] 2:30 🚩 Bean Bag Toss [GDR] 3:30 🚩 Puzzles & Tunes [GMR]	21 9:30 ♡ Morning Stretch [GMR] 10:00 🚩 Brainteasers [GDR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Catholic Communion w/ Mary [GMR] 11:00 ♡ Balloon Volleyball [GDR] 2:30 📺 Family Social Hour w/ Odey! [GB] 3:30 ☆ Pretty Nails [GB]	22 9:30 ♡ Chair Exercise 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Veteran Photo Shoot [GB] 11:30 🍀 Reminiscing [GMR] 2:00 ☆ Arts & Crafts [GDR] 3:00 🚩 White Board Games [GDR] 3:30 🚩 Trivia Fun [GMR] 6:00 ☆ Relaxing Music [GB]	23 9:30 ♡ Chair Exercise 10:00 ☆ Glee Club w/ Celia & Charlie [GMR] 10:00 ♡ Snacks & Hydration 10:30 📷 Horseshoe Game [GDR] 2:00 ♡ Chair Chi w/ Patrick 2:30 ♡ Afternoon Snack Time [GMR] 3:00 📷 Scenic Drive w/ Trixie 4:30 ☆ Sing-Along [GDR] 5:30 ☆ Puzzles & Tunes [GB]	24 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GDR] 10:00 ♡ Snacks & Hydration [GDR] 10:30 📷 Painting w/ Alyssa [GDR] 1:30 Make your own Pizza [GB] 2:30 🚩 January Trivia [GDR] 3:30 ☆ America Sings [GDR] 6:00 📺 Friday Night Movie [GDR]	Chinese New Year 25 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GMR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Expressive Design [GDR] 1:30 🍀 Ice Cream Social [GB] 1:30 📺 Movie Matinee [GDR] 3:00 ☆ Hand Massages [GB] 5:30 ☆ Therapeutic Coloring [GMR]
26 9:30 🚩 Bible Trivia [GMR] 10:00 ☆ Life Christian Church Services [GMR] 10:30 🍀 Snacks & Chat Social [GMR] 11:00 ☆ Gospel Music; Hymn Sing [GDR] 2:00 ♡ Chair Exercise [GDR] 2:30 🍀 Snacks & Chat Social [GDR] 3:30 🚩 Daily Chronicles [GDR]	27 9:30 ♡ Chair Exercise [GDR] 9:30 🍀 Word Ball [GDR] 10:00 🍀 Snacks & Hydration [GDR] 10:30 ♡ Parachute Ball [GDR] 11:00 🚩 More Clue Trivia [GDR] 2:00 🍀 Snacks & Chat Social [GDR] 2:30 🚩 Bean Bag Toss [GDR] 3:30 🚩 Puzzles & Tunes [GMR]	28 9:30 ♡ Morning Stretch [GMR] 10:00 🚩 Brainteasers [GDR] 10:00 ♡ Morning Snack [GDR] 10:30 ☆ Catholic Communion w/ Mary [GMR] 11:00 ♡ Balloon Volleyball [GDR] 2:30 🍀 New Resident Welcome Social w/ Peter Selster [GB] 3:30 ☆ Pretty Nails [GB]	29 9:30 ♡ Chair Exercise 10:00 ♡ Morning Snack [GDR] 10:30 🚩 Candy Bingo w/ Richard [GDR] 11:30 🍀 Reminiscing [GMR] 2:00 ☆ Arts & Crafts [GDR] 3:00 🚩 White Board Games [GDR] 3:30 🚩 Trivia Fun [GMR] 6:00 ☆ Relaxing Music [GB]	30 9:30 ♡ Chair Exercise 10:00 ♡ Snacks & Hydration 10:30 📷 Horseshoe Game [GDR] 2:00 ♡ Chair Chi w/ Patrick 2:30 ♡ Afternoon Snack Time [GMR] 3:00 📷 Scenic Drive w/ Trixie 4:30 ☆ Sing-Along [GDR] 5:30 ☆ Puzzles & Tunes [GB]	31 9:00 🍀 Daily News & Coffee [GB] 9:30 ♡ Chair Exercise [GDR] 10:00 ♡ Snacks & Hydration [GDR] 10:30 📷 Painting w/ Alyssa [GDR] 1:30 Let's make Muffins [GB] 2:30 🚩 January Trivia [GDR] 3:30 ☆ Movie Magic Sing-Along [GDR] 6:00 📺 Friday Night Movie [GDR]	📷 Be Adventurous 🚩 Be Challenged 📺 Be Connected 🍀 Be Family ☆ Be Inspired 🍀 Be Social ♡ Be Well